

Subject: FW: Response to a letter from the North Vancouver Cruisers Summer Aquatic Club.

Date: Sat, 26 Feb 2005 21:13:51 -0800

From: "Ernie Crist" <ernie_crist@dnv.org>

To: "Senior Management Committee" <managecomm@dnv.org>, <fonvca@fonvca.org>, <Cagebc@yahoo.com>, <prestash@shaw.ca>

>

> *From:* Ernie Crist
> *Sent:* Saturday, February 26, 2005 9:06 PM
> *To:* Nathalie Valdes
> *Subject:* Response to a letter from the North Vancouver Cruisers
> Summer Aquatic Club.

>

> Dear Mr. Edwards;

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> The Council of the District of North Vancouver over the years and most
> recently submitted resolutions and requests to the UBCM, the FCM and
> has sent letters to the Ministers of Health at the Federal and
> Provincial level as well as to the Prime Minister of Canada and the
> Premier of British Columbia requesting support for a preventive health
> and physical fitness support concept which has been in existence in
> most of Europe for many years. It is to make expenses and fees for
> genuine bona fide exercise programs as is available in our public
> and private recreation facilities tax deductible. Such a program
> could easily be expanded to include your suggestion as outlined in
> your letter except it would be much broader.

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> The rationale is as follows: 40% of all Medical Doctor visits in
> Canada are stress related. That is one side of the ledger. On the
> other hand, for every One Dollar society invests in exercise and
> preventive health care, including supervised exercise programs, we
> save Seven Dollars in actual health care costs.

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> At a time when our health care system is strained to the limit and is
> in danger of being overwhelmed and at a time when exercising has
> become a national priority, it stands to reason that our government
> would save huge amounts of money by implementing the proposal made by
> the Council of the District of North Vancouver which, as I said, is
> common place in many parts of the developed world.

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> Implementing such a program would be the first step on the road to not
> only saving huge sums of money but would also raise the general well
> being of Canadians both young and old.

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> The second step of this same program would be for members of the
> medical profession to actually prescribe patients who would benefit
> from such supervised programs to visit such facilities to exercise
> so it would be part and parcel of an integrated preventive Health
> Care and physical fitness concept.

>

> The motion which was submitted by the City of Port Moody in October of
> 2004 is based on motions passed by the District of North Vancouver
> for the last 12 years and submitted at every possible level. Indeed I
> was on the same Radio show as the proponents of the Port Moody
> suggestion which, in turn, is based on the idea of a parent residing
> in the Port Moody area. The idea outlined by the Council of the
> District of North Vancouver was written about in the press including
> in the Vancouver Province. Residents calling in during the radio show
> were critical of the Port Moody idea since it was too narrow and
> deemed in the main to be of benefit for the rich whereas the District
> model which is much wider in scope, was largely supported. I mention
> this in passing and for your information.

>

> While I salute the Port Moody effort, I most sincerely believe that

> *it must be broader to gain public support and be fully effective.*
> *This society needs to go further than the narrow suggestion made by*
> *the City of Port Moody and I urge you to do everything in your power*
> *to support the efforts of the Council of the District of North*
> *Vancouver. Copies of the resolutions submitted as well as letters by*
> *DNV Council are available through our Municipal Clerk Agnes Hilsen.*
>
> *Yours truly,*
>
> *Ernie Crist*
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